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'A' FOR EFFORT

East Nepean Eagles held their heads high after losing championship title

metroNEWS

Blueline Taxi avoids strike

TRANSPORTATION

Agreement reached with Coventry Connections

Lucy Scholey
Metro | Ottawa

It could have been yet another taxi strike, but Blueline drivers are staying behind the wheel after reaching an agreement with Coventry Connections on Friday night.

Amrik Singh, head of Ontario Taxi Union Local 1688, said the membership voted 81 per cent in favour of the agreement. Dispatch and rental fees were among the sticking points.

The drivers had been in a strike position as of Aug. 1.

Capital Taxi, which is also owned by Coventry Connections, has yet to settle an agreement. Its drivers are also poised to strike, but Singh said there are no plans to do so. The negotiations are ongoing, he said.

Meanwhile, the impasse between Coventry Connections and Airport Taxi YOW continues.

Airport taxi drivers returned to the picket lines on Sunday morning with their "locked out" signs and whistles.

Since the Ottawa airport authority filed for an injunction against the protesters, drivers have been corralled to a smaller protest site.

Abed Madi, chairman of Ontario Taxi Union Local 1688's airport taxi unit, said drivers may instead increase protest efforts outside the Coventry Connections office.

"We are ready to meet. Nobody has contacted us," he said.

The dispute revolves around pickup fees. Coventry Connections, the city's largest taxi company, has started charging drivers $5 per pickup — an increase from the $389 monthly flat rate.

Drivers are protesting the fees, but Coventry Connections argues they need to pay the airport a "sustainable amount" for their services.

"This is being spun into something to make Coventry look rather draconian," Hanif Patni, president of Coventry Connections, told Metro last week, "but for a year now Coventry has been trying to explain this to the … airport drivers."

> **"We need all the help we can get … We have families and we have kids."**
> Abed Madi

Some Blueline and Capital Taxi drivers have still been picking up passengers, despite jeers from their fellow airport drivers.

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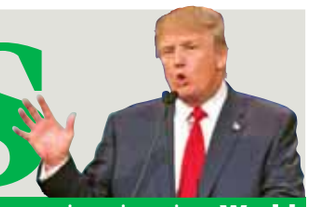

Trump's policy paper targets immigration. **World**

ELECTION 2015 RIDING PROFILE: OTTAWA CENTRE

Let civil servants think: MP

NDP CANDIDATE

Incumbent Dewar seeks fourth term

Michael Woods
Metro | Ottawa

To Paul Dewar, running for office is like a job interview.

Electors hire you by voting you into office, and "every subsequent election is whether they want to keep you on."

"That's important to me and I take it very seriously."

Dewar, seeking election for the fourth time in Ottawa Centre, is a key figure in the NDP's hopes to improve its standing in eastern Ontario and would likely be a cabinet minister in an NDP government.

> **"I'm running on my record of standing up to Conservative policies like C-51.**
> NDP MP Paul Dewar

Dewar says the NDP is the best choice to tackle two pressing issues for Ottawa Centre voters: affordable housing and child care. And he says the NDP would restore the public service's role in government decision-making.

"There are so many public servants who are afraid to even speak. My motto is that we will let public servants think again," Dewar said. "They're not even allowed to think ... they're feeling they can't do their jobs, they're fearful of saying anything."

MP Paul Dewar said the NDP would bring in a public appointments commission to ensure merit-based appointments to federal agencies, boards and commissions. SEAN KILPATRICK/THE CANADIAN PRESS

The NDP would bring in a public appointments commission to ensure merit-based appointments to federal agencies, boards and commissions.

And they would also enact measures to curb the hiring of temporary help agencies for work that should be done within the public service.

Dewar said his work to change how the National Capital Commission operates — securing more public meetings and dividing its top job into two positions — has helped make the commission more transparent.

And he said the NDP has set itself apart from the Liberals by opposing the Conservatives' anti-terror Bill C-51. The Liberals supported the bill but have pledged to change it if elected.

"That's an albatross that hangs around the Liberal Party in Ottawa Centre, certainly," Dewar said. "I'm running on my record of standing up to Conservative policies like C-51."

BREAKDOWN

Ottawa Centre has been an NDP stronghold for more than a decade, with Ed Broadbent winning the riding in 2004 and Paul Dewar winning in 2006. Before that, it was a Liberal riding for 15 years, represented by Mac Harb, who later became a senator and will be on trial next year for claiming allegedly improper expenses.

The riding, which has a population of 114,000, has only gone Conservative once, in 1978.

Candidates:
Paul Dewar, NDP
Damian Konstantinakos, Conservative
Catherine McKenna, Liberal
Tom Milroy, Green
Dean T. Harris, Libertarian

2011 results:
Paul Dewar, NDP: 52%
Damian Konstantinakos, Conservative: 22%
Scott Bradley, Liberal: 20%
Jen Hunter, Green: 5%
MICHAEL WOODS/METRO

LIBERAL CANDIDATE

Human rights lawyer felt need to 'step up and run'

The election campaign may be only two weeks old, but Liberal candidate Catherine McKenna has been campaigning for more than a year.

Since she won the party's nomination in Ottawa Centre in May 2014, she says she has knocked on more than 50,000 doors in the riding, conducted a number of policy forums and attended hundreds of community events.

It's a necessary approach in a riding that has been held by the New Democrats for the past decade.

"Sure, running against an incumbent who has name recognition is tough," she said. "I'm trying to show that I'm working really hard to listen and to come up with practical solutions that improve people's lives."

McKenna, an experienced human rights and social justice lawyer, brings a diverse background. She co-founded Canadian Lawyers Abroad, a charity based at the University of Ottawa. She has worked as a legal adviser to the United Nations, and teaches at the University of Toronto's Munk School of Global Affairs.

Catherine McKenna. MICHAEL WOODS/METRO

But she reached a point where working outside the political system wasn't enough.

"At a certain point with this government I just felt we were totally off track," she said. "Working really hard outside the system wasn't making the difference that I wanted, so I just decided that instead of just rambling about it, I was going to step up and run."

As a candidate, she has proposed a four-point plan for reforming the National Capital Commission to make it more transparent. She is advocating for more cycling pathways in the riding.

But she is also focused on measures to address the city's affordable housing crisis and renew the government's relationship with the public service, an important issue in a riding with so many bureaucrats.

"I hear at the door every day this government has been really tough on the public service," she said. The first step, she added, "is a change in tone, and actually showing that you respect the public service." MICHAEL WOODS/METRO

CONSERVATIVE CANDIDATE

Tech vet back for seconds

After finishing second in the 2011 election, Conservative candidate Damian Konstantinakos is back for another try in Ottawa Centre.

The tech sector veteran says his experience in the last campaign taught him the importance of canvassing neighbourhoods to hear citizens' concerns.

"A lot of people feel they're not part of the process," he said. "Win or lose, you want to make sure people in this riding feel they're a part of the election, that it matters to them, that those involved are willing to reach out to them."

He said he's hearing about two overriding themes: the economy and security. As someone with a young family (he has two young children), those issues are "at the core" of why he's running, he said.

Konstantinakos, an electrical engineer and MBA by training, also wants to diversify Ottawa Centre's economy, and says he can be an effective voice for the technology sector on the Hill, having worked in the field for 18 years.

"In the past nine years, I can't say that our current MP can point to any significant accomplishments," he said, arguing that a lot of what's been done for Ottawa Centre, such as planned investments in the National Arts Centre and the new Civic Hospital expansion, are because of local Conservative representatives.

With many public servants displeased with the Conservative government and unions actively campaigning against Conservative re-election, Konstantinakos may have a tough road to election. But he downplayed the issue.

"I've picked up on a significant disconnect between the public servants and the union leadership," he said. "There are a number of public servants who appreciate and understand a lot of the changes that have gone in the past few years." MICHAEL WOODS/METRO

Damian Konstantinakos. FACEBOOK

Beloved bird has flown coop

A Bridlewood bird owner is on the lookout for her lost cockatiel Gwennie, pictured here, whose six-week escapade has drawn helpful volunteers, a few angry community members and orders from the city to take down posters seeking Gwennie's return. CONTRIBUTED

MISSING PET

Owner of lost cockatiel on mission to get her back

Adam Kveton
Metroland Media

When Bridlewood resident Kimberly Pardy was told her 10-year-old cockatiel had escaped, she hoped to find her pet that same night.

But the search, which has continued for six weeks, has led Pardy to find two lost birds and a dog, adopt one of the birds, place game cameras on neighbours' lawns (with their permission), post and distribute more than 1,500 posters, and meet many helpful and supportive people.

But there have also been a few who have been less than friendly, said Pardy, including one person who took exception to the posters and followed up by sending her pictures of a dead cockatiel and made threats against her, she said, "which resulted in me going to the Ottawa police."

One of the latest developments in Pardy's search for her lutino cockatiel named Gwennie was a city bylaw order that she take down her posters as they are in violation of several provisions of the city's rules, said Christine Hartig with city bylaw services.

The enforcement of the bylaw, rather like the Monohan Landing garden that received notoriety after bylaw services said it had to be removed, is done "largely on a complaint basis," said Hartig, with three complaints being made against Pardy's posters since mid-July.

Pardy said bylaw wanted the posters down by Aug. 15, but has since extended that to Sept. 1, said Hartig.

"I guess I don't understand," Pardy said of bylaw services' actions. "There are all kinds of posters. Why are these offensive?"

Gwennie escaped her cage on June 28 while Pardy was on her way back from a dog show, she said.

"I fully expected to find her right outside the door," said Pardy.

But Gwennie was nowhere to be found, kicking off a search marked by several sightings of the bird around the Bridlewood area over the past several weeks.

Pardy has spied Gwennie two times through a pair of binoculars, but was unable to act before the bird flew off again.

Now Pardy goes around the community every morning and night to search for her bird, playing a recording of its mate's call in the hope of luring Gwennie back home, she said.

"I've put out well over 1,500 posters either in people's mailboxes or on light posts, and we do have quite a few people out looking for her," said Pardy.

She admits her bird did not have its wings clipped, but says she believes that's a double-edged sword, making it harder for birds to fly away, but also making it more difficult for them to escape predators and control their flight.

Despite the length of time her bird has been on the loose, the obstacles put in her way, and even the threats made against her, Pardy said she hasn't lost hope of getting her pet back.

Through her attempts to do so, Pardy said she's found several good resources that any bird owner should know about if they ever have to recover their lost pet.

There are several webpages that post listings of birds that have been caught and ones that remain lost, including lostandfoundbirds.ca and perroquetsecours.com, said Pardy.

Sheila Pierce with Lost and Found Birds Ontario said the best thing owners of lost birds or for those who have recovered a lost bird can do is post to Kijiji, as websites like hers are always looking there to get owners and pets back together again.

Natalie Pona, spokeswoman for the Ottawa Humane Society, said that anyone who has lost a bird or found one should fill out reports with the society.

"Bring the bird to us if you've found a bird," she said.

However, the bird, like any animal, will be held at the animal shelter for three full days, not including date of entry, before they are put up for adoption. With the summer season nearing a close, Pardy said she is anxious to see her bird home before birdfeeders are taken in and the temperature drops.

BACKGROUND

Gwennie is a lutino cockatiel. She is a yellow bird with a red leg band, a toe deformation and a bald patch on the back of her head.
METRO

> **I guess I don't understand. There are all kinds of posters. Why are these offensive?**
> Kimberly Pardy, on the city's order to take down posters she put up to help find her missing cockatiel Gwennie

DEVELOPMENT

City block eyed for rezoning

A lowrise office and parking lot in west Centretown could hold hundreds of new downtown residents if a proposed development is approved.

Broccolini Construction has submitted a zoning amendment to the city in support of a planned redevelopment of the property bounded by Albert, Slater, Bay and Lyon streets. Though the long-range plan seems to be a redevelopment of the whole block, or most of it, the current proposal concerns only the corner of the property at Bay and Slater.

A two storey-office building housing Alterna Savings would be demolished as part of the proposal, to make room for a 23-storey mixed-use building and a 21-storey residential tower, with both towers joined by a two-storey podium.

The first phase of redevelopment would contain 295 residential units, ground-level retail space, along with 122 underground parking spaces and secure room for 132 bicycles.

In a planning rationale prepared by Fotenn Consultants, the developer makes the case for the highrise plan, arguing that the future Lyon station of the Confederation Line LRT would be located just 100 metres away.

"The proposal capitalizes on an opportunity for development and intensification within the City's built-up and Central Area where services are readily available," reads the rationale.

It goes on to state that the development would "(promote) the use of alternative transportation modes by providing bicycle parking and a limited number of parking spaces ... to help establish the Central Area as a residential neighbourhood."

The Broccolini proposal is scheduled to be considered by the planning committee on Oct. 13. STEPH WILLEMS/METROLAND MEDIA

Pups enjoy the life aquatic

ANIMALS

Alexander Park pool now open to dogs an hour a day

The community wading pool at Carlington's Alexander Park is going to the dogs.

> **We'll collect feedback at the end of the season and review it for next year.**
> Coun. Riley Brockington

For one hour a day, that is.

Last week, four-legged friends took to the water at 5 p.m. as part of a pilot project mirrored on a dog-friendly pool already operating in Hampton Park.

The pool closes to children and adults at 5 p.m., but lifeguards employed by the City of Ottawa don't leave the premises until 6 p.m. That leaves a window of opportunity for local dog owners to let their pets take a dip in the pool. The one-hour doggie swim will continue until the season wraps up on Aug. 23.

River Coun. Riley Brockington said that local resident Sian Griffiths deserves credit for the idea. A former board member of the Carlington Community Association, Griffiths had approached Brockington to see if the plan was feasible.

Dogs and their owners play at Alexander Park community pool Aug. 10, the first day of a pilot project allowing the pets in the water. STEPH WILLEMS/METROLAND MEDIA

"We looked at whether other pools in the ward offered this, and none did," said Brockington. "There was an opportunity to offer this (at Alexander Park) — the pool closes at 5 p.m. anyway, so we gave it a go."

Anyone worried about dogs using the pool as their own personal lawn needn't be concerned. The shallow pool is drained and cleaned before opening each day, so two-legged patrons can rest easy knowing there won't be any unpleasant surprises left behind.

Right now, the initiative is using word of mouth and community advertising to alert residents to the new neighbourhood feature. Whether the doggie hour returns next year depends on the success of the pilot project, said Brockington.

"We'll collect feedback at the end of the season and review it for next year," said Brockington.

"The community association is totally on board, but we want to talk to dog owners, too, to see if they have any concerns. This is all about balance."

STEPH WILLEMS/METROLAND MEDIA

WEATHER HUMIDITY PUSHES TEMP TO 40 DEGREES The Peace Tower is shrouded in fog on Parliament Hill in Ottawa on Sunday. Daytime high temperatures were in the low 30s, and a heat warning was in effect as humidex values reached the 40-degree mark. SEAN KILPATRICK/THE CANADIAN PRESS

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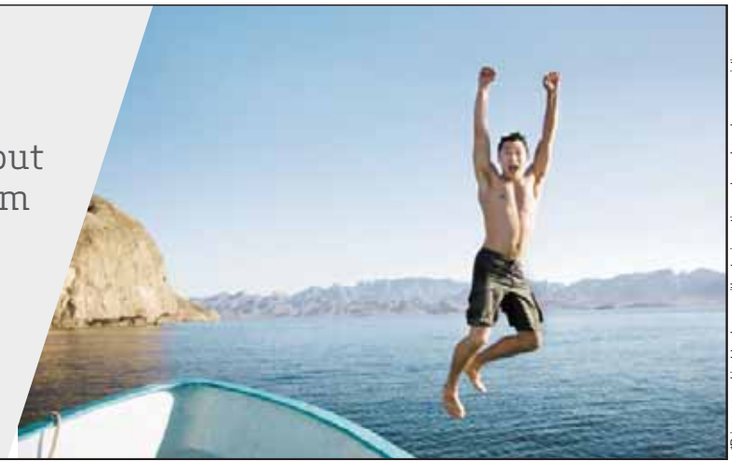


*Prices are subject to change without prior notice and vary based on prescription strength. Standard LASIK starting at $490 per eye and Custom LASIK at $1,990/eye. Applicable to surgery on both eyes only. Other conditions may apply.

Survey aims to highlight 'intelligence' in Ottawa

TECHNOLOGY

Innovation in nation's capital is the focus of new project

Lucy Scholey
Metro | Ottawa

A former senior Nortel Networks employee with worldwide experience in the tech industry thinks Ottawa may be a leader in innovation — now he's trying to prove it.

Sorin Cohn, who's now the chief program officer at i-Canada Alliance, a group dedicated to helping Canada become an innovative nation, is teaming up with Invest Ottawa to launch a survey on how Ottawa fares as an "intelligent" city.

The survey asks questions about Ottawa's tech sector, the entrepreneurial and collaborative "spirit" of the city, and sustainable growth, among others.

It's a survey for everyone to fill out — business owners, residents and political leaders alike, said Cohn, who has 35 years' experience in the tech industry, including as former managing director for wireless company Terawave in Paris, France. He's currently also the president of BD Consulting Inc. and a member of the board of Startup Canada.

Innovation, according to Cohn, "is about creating value, enhancing value and enhancing the competitive position because no business lives without competitors and, actually, the reality is no city lives without competitors globally."

"The world has become a big village and, of course, each village, each city is trying to attract the better residents, the better businesses in order to become a better place to live, to work, to educate and so on," he said. "So how can you go forward in the global competition unless you know where you are?"

Cohn said the results will point out the city's strengths and areas of improvement to make Ottawa the most innovative in Canada and worldwide.

Bruce Lazenby, CEO of Invest Ottawa, said Ottawa may already be a leader in this type of research.

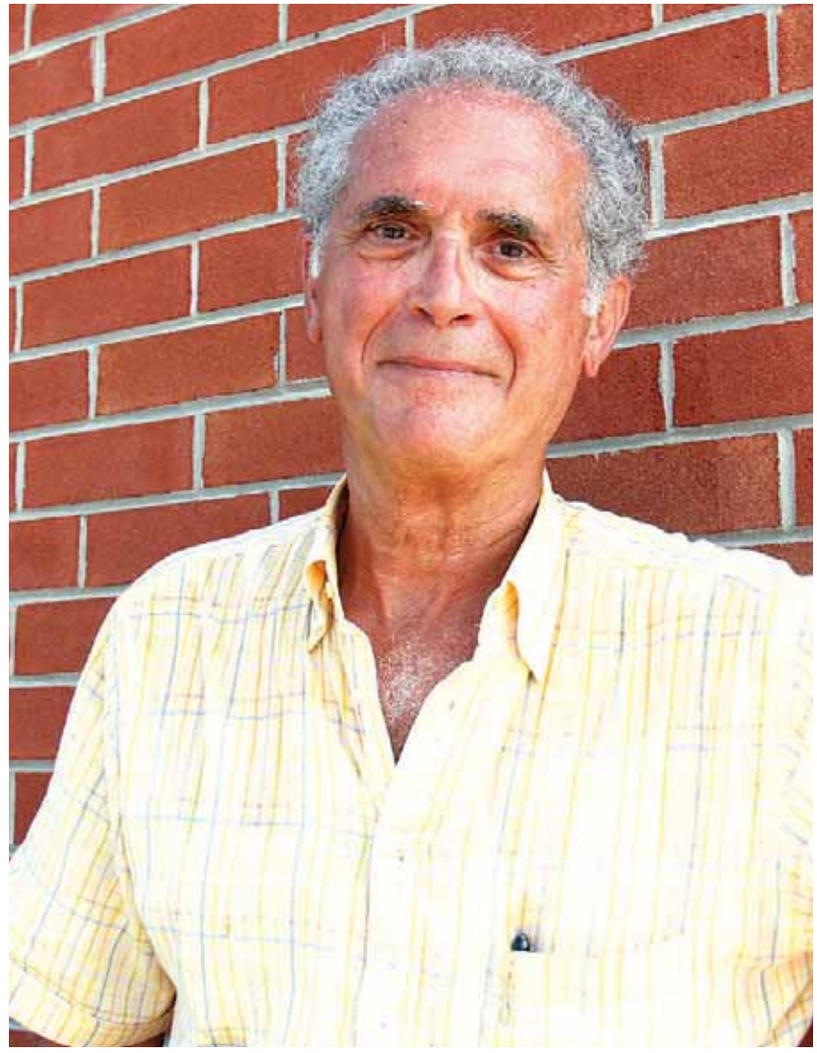
"The best and the brightest people in the world can live anywhere they choose and where they will choose to live is in innovative cities because they are innovative people," he said. "If we want to attract and retain the brightest minds in the world, we better be the kind of city that they want to live in."

Cohn expects the survey results to return by mid-September. After he analyzes the results, he will present the findings by the end of the month.

The survey is available online at fluidsurveys.com/s/Intelligent_Ottawa_Study_2015.

How can you go forward in the global competition unless you know where you are?

Sorin Cohn, chief program officer at i-Canada Alliance, who has launched a study of innovation in Ottawa



Sorin Cohn, a former senior Nortel Networks employee, is teaming up with Invest Ottawa and i-Canada Alliance to launch a survey on innovation in Ottawa. LUCY SCHOLEY/METRO

STOLEN JERSEYS

Security scores

Steve Rennie
Metro | Ottawa

A pair of stolen hockey jerseys for a charity auction has been recovered after the suspected thief returned them to the Carlingwood Mall on Saturday.

The signed and custom-framed jerseys of two Stanley Cup winning goalies — Corey Crawford of the Chicago Blackhawks and Martin Brodeur, formerly of the New Jersey Devils — were big-ticket items in a silent auction raising funds for the Rexall Foundation.

Greg Brown, manager of the Rexall store in the mall, said the jerseys were stolen last week from a secure area of the store.

But on Saturday afternoon, Brown says he got a call from Barry Averill, the mall's security director. Averill told Brown that security spotted a man matching the suspect's description wandering around the mall carrying a white bag. The man got nervous when he realized security guards were following him. He started to run and the security guards pursued. The suspect dropped the bag outside the mall and ran toward Iroquois Avenue.

The guards couldn't catch the man, but when they opened the bag they found the stolen jerseys — minus the frames.

Brown says the jerseys are "somewhat damaged."

Police have confiscated the jerseys for now so they can dust them for fingerprints. Brown says they'll be returned to Rexall in a few days, and he expects police will lay charges.

"The bad guy obviously realized that this story went viral and that it would be impossible to pawn the jerseys," he said in an email.

"We believe he felt some remorse as he had stolen from a children's health charity, and that he had attempted to return the stolen jerseys."

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Tough loss for Eagles

SPORTS

East Nepean beaten 16-0 in Little League title game

Lucy Scholey
Metro | Ottawa

After a strong season, the East Nepean Eagles walked off their home base without the Canadian Little League Championship title on Sunday.

The teens lost 16-0 to the White Rock All-Stars at Ken Ross Park. The Surrey, B.C., team will now go on to compete in the Little League World Series in Williamsport, Pa.

"We've been working hard," said the Eagles' 13-year-old Ben Anderson after the tough game. "Good job to White Rock. They came out hard and had a good game."

Despite a few tears, the team lifted their green hats and waved to the packed bench seats of cheering friends and family members.

During the fifth inning, the coaches kept urging the team to keep their heads up, fight and cheer on.

Head coach Mike Crepin said the team has been working hard for four years to bring its game up.

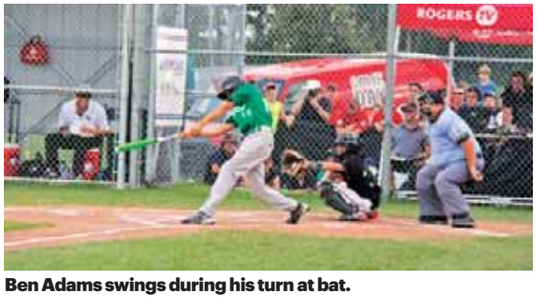
"This is my last game as a competitive coach," he said. "For them to get us to the last game in a ... Canadian championship is great. We're very, very proud and thankful."

East Nepean Eagles pitcher Michael Stremlaw winds up at the Canadian Little League Championship final game on Sunday at Ken Ross Park. ALL PHOTOS LUCY SCHOLEY/METRO

Ben Anderson pitches to the White Rock All-Stars.

Matteo Disipio guns it to first base just before the White Rock All-Stars' Nathan Kirkpatrick catches the ball.

Riley Maude takes a tentative cut during the final inning.



Ben Adams swings during his turn at bat.

The All-Stars' Nathan Kirkpatrick and James Mather celebrate their 16-0 win.

Conservative Leader Stephen Harper helps Elise and Dan Adams pick out paint colours during a campaign stop at a hardware store in Kanata on Sunday.
SEAN KILPATRICK/THE CANADIAN PRESS

POLITICS

Duffy affair keeps dogging Harper

Stephen Harper called any comparison between the Mike Duffy affair and the Liberal sponsorship scandal "absurd" as the Conservative leader faced more questions on Sunday from reporters and attacks from his opponents about the senator.

The Duffy issue stayed in the election campaign spotlight after revelations emerged last week during the senator's fraud, breach-of-trust and bribery trial.

Harper was reminded Sunday by a reporter how he wouldn't accept claims years ago that former Liberal prime minister Jean Chrétien and then-finance minister Paul Martin knew nothing about the sponsorship scandal in the 1990s.

The Tory leader was then asked to explain the difference between that situation and the Duffy affair, which Harper has insisted he knew nothing about.

"Look, in the Liberal sponsorship scandal $40 million of Canadian taxpayers' (money) disappeared," Harper said.

"So, I think the comparison is absurd.

"This case we have a senator whose expenses, in our judgment, were not justifiable and my response was that he should pay those expenses back."

> **Mr. Harper continues to ignore the calls for answering questions, for explaining why he keeps these people who have been involved in part of a coverup to hide the truth from Canadians.**
> Liberal Leader Justin Trudeau

Harper's rivals sought to keep the Duffy issue alive on Sunday as the campaign entered its third week.

Liberal Leader Justin Trudeau sent an open letter to Harper, demanding explanations to alleged contradictions and inconsistencies in his statements, and those of some of his cabinet ministers.

In the letter, Trudeau also called on Harper to fire members of his team who were allegedly involved in a Duffy coverup.

THE CANADIAN PRESS

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HOSPITALS

Critics pore over high EMS payments

Critics say the Ontario government should pay the bill when patients are forced to take air or ground ambulances because their local hospital doesn't offer the service or treatment they need.

The Liberals made a deliberate decision to allow only certain hospitals to offer services such as neo-natal or cardiac care, which forces patients in northern Ontario to travel great distances, said New Democrat health critic France Gelinas.

Hospitals in northern and rural Ontario are "shells of what they used to be," and offer very little in the way of actual services for many patients, said Gelinas.

"They stabilize you long enough for Ornge (air ambulance service) to ship you out," she said. "This has become our hospital service in northern Ontario, and hospital services are covered by medicare and should be covered by the government."

The recent case of an Alberta woman hit with a huge bill for an Ornge air-ambulance ride from Timmins to Sudbury highlights the problem, said Gelinas. Staff at the Timmins hospital advised Amy Savill to fly to Sudbury because they were unable to care for her safely after she went into labour prematurely.

"Timmins should have had a neo-natal unit to handle the needs of her newborn baby," said Gelinas.

Ornge could not comment on a specific case, but said a one-hour flight on a helicopter ambulance would cost between $8,000 and $10,000. THE CANADIAN PRESS

IN BRIEF

Wildfire in B.C. destroys 29 homes, forces evacuations

Twenty-nine homes have been confirmed lost in an immense wildfire in south-eastern British Columbia several days after the blaze sparked and forced hundreds to flee.

Alan Stanley of the Kootenay Boundary Regional District said everyone is hopeful that no more homes will be lost to the 37 square-kilometre Rock Creek fire.

The B.C. Wildfire Service hadn't forecast wind — the biggest challenge to fighting the fire — for Sunday, but he warned that situation could change quickly.

"You can't guarantee anything with a wildfire," Stanley said. THE CANADIAN PRESS

Terror groups in Lebanon decry ISIL, question ban

ELECTION 2015

Middle Eastern political leaders allege Canada an 'ideal ally'

Two political parties in the Middle East designated as terror groups by Canada predict the Islamic State of Iraq and Levant (ISIL) movement won't survive and question why they're blacklisted when co-operation could defeat the common enemy.

Representatives of both Hezbollah and Hamas in Lebanon have separately condemned ISIL in rare meetings with The Canadian Press.

Prime Minister Stephen Harper has denounced the jihadist militants, a position he has used to buttress Canada's involvement in the U.S.-led coalition conducting airstrikes in Iraq and Syria.

National security is a leading issue in the Oct. 19 federal election.

ISIL is "not accepted" by most Muslims represented by Hamas, said its boss in Lebanon, Osama Hamdan.

"In Gaza, we do have the resolution to deal harshly and prevent these groups," he said.

A source close to Hezbollah's top leadership said extremist movements "mushroom, but they never last and don't find a place with moderate Sunnis and Shias.

"There will always be radical thinking in the world," said the man, who agreed to speak on anonymity, through a translator.

"We had called for the largest coalition to fight terrorism. We had also called upon religious scholars in this region to condemn this phenomenon."

A political analyst with the American University of Beirut said the tough talk could signal more shifting alliances.

"It's possible you could have Canada and the U.S. working with Hezbollah and Hamas against ISIL if they're seen as a common threat — which they are," said Rami Khouri, who has 45 years of experience in the region.

"But it's not happening right now. If it did happen, it would be in different political circumstances."

Canada has joined the United States and Israel in outlawing Hezbollah and Hamas. Some countries, including Australia, blacklist just their military wings, while the Lebanese government recognizes the party and its MPs.

The federal government describes Hezbollah as a "radical Shia group" ideologically inspired by the Iranian revolution. It calls Hamas a "radical Islamist-nationalist terrorist organization" that emerged from the Palestinian branch of the Muslim Brotherhood.

It's clear that whatever party forms the next government in Canada, ISIL will still be considered an enemy.

Harper has said it would be "absolutely foolish" not to go after the militants before they can come after Canada. Liberal Leader Justin Trudeau favours training local troops, while NDP Leader Tom Mulcair has rejected the mission as "wrong-headed" because it's led by the U.S.

The Hezbollah source said that ideally, Canada would be an ally.

"It's a country that we respect." THE CANADIAN PRESS

A resident of a Shia Muslim town in south Lebanon strolls past posters of Hezbollah "martyrs" on July 13, 2015. The posters decorate the region to memorialize fighters killed battling Israeli forces. Hezbollah, whose name translates to "Party of God," is designated a troublesome entity by Canada's federal government. THE CANADIAN PRESS/TAMSYN BURGMANN

> **"It's possible you could have Canada and the U.S. working with Hezbollah and Hamas against ISIL."**
> Rami Khouri

QUEBEC CITY JUST MARRIED Parti Québécois Leader Pierre-Karl Péladeau and Julie Snyder tied the knot on Saturday. JACQUES BOISSINOT/THE CANADIAN PRESS

EDUCATION

'Flipped classrooms' progressing forward

As Canadian kids prepare to head back to school, there's a growing movement gaining traction across the country that involves students learning their lessons at home and doing their homework at school.

It's called the "flipped classroom" — students watch an online video of a lesson as homework, and then work on problems during class time.

The method is becoming more prominent as technology in schools allows for videos to be accessed easily, either on custom-made sites, on YouTube or downloaded to a device.

A high school in Newmarket, Ont. — Sir William Mulock Secondary School — is making the leap. Colloquially, they call it a "Bring-Your-Own-Device" school where every student has to have a laptop or tablet to be able to use the technology.

That technology has allowed teachers to flip their classrooms.

Donna Green, a math teacher at the school, flipped her Grade 10 academic math class in the second semester. She uses technology that captures video of her computer screen along with her voice as she progresses through a lesson.

Despite some of the drawbacks — most of the criticism has centred on the fact that low-income students may not have access to the technology required — Green and other teachers argue that flipped classrooms are better for the students. THE CANADIAN PRESS

POLITICS

Trump targets Mexicans in policy

The U.S. presidential campaign of Donald Trump has entered a new phase: that of releasing a few policy specifics spelling out how he'd govern.

In an indication the reality star-businessman intends his presidential run to be more than a mere celebrity stunt, he's hired staff in early primary states and he released his first platform paper Sunday.

The eight-page paper on immigration threatens the Mexican government, the business community and millions of families living in the U.S. under uncertain legal status.

One section explains how he would build a multibillion-dollar wall across the southern border of the U.S. and get the Mexican government to pay for it.

Trump says he'd apply financial pressure until the Mexicans pay up. He says he'd impound cross-border remittance payments linked to illegal wages; hike fees for work visas for Mexican CEOs and diplomats; and increase fees for border-crossing cards and NAFTA worker visas from Mexico.

He would triple the number of U.S. immigration officers; end job visas for foreign students; defund so-called sanctuary cities that shelter undocumented migrants; detain and deport undocumented migrants; suspend the granting of green cards until more unemployed Americans enter the work force; and end automatic citizenship for babies born in the U.S.

Trump has also said he'd undo President Barack Obama's executive orders, including one that granted residency rights to the children of people who entered the U.S. illegally.

Those actions would affect millions of people.

THE ASSOCIATED PRESS

Rescuers scour remote Papua for downed plane

INDONESIA

Local villagers report seeing aircraft crash into mountain

An airliner carrying 54 people went missing Sunday during a short flight in bad weather in Indonesia's mountainous easternmost province of Papua, and rescuers were heading to an area where villagers reported seeing a plane crash into a mountain, officials said.

The Trigana Air Service plane was flying from Papua's provincial capital, Jayapura, to the Papua city of Oksibil when it lost contact with Oksibil's airport, said Transportation Ministry spokesman Julius Barata. There was no indication that the pilot had made a distress call, he said.

The ATR42-300 twin turboprop plane was carrying 49 passengers and five crew members on the scheduled 42-minute journey, Barata said. Five children, including two infants, were among the passengers.

Local media reports said all the passengers are Indonesians. The airline did not immediately release a passenger manifest.

Oksibil, which is about 280 kilometres south of Jayapura, was experiencing heavy rain, strong winds and fog when the plane lost contact with the airport minutes before it was scheduled to land, said Susanto, the head of Papua's search-and-rescue agency.

Residents of Okbape village in Papua's Bintang district told local police that they saw a plane flying low before crashing into a mountain, said Susanto, who, like many Indonesians goes by one name. He said about 150 rescuers were heading to the remote area, which is known for its dense forest and steep cliffs, and would begin searching for the plane early Monday.

Okbape is about 24 kilometres west of Oksibil.

At a news conference Sunday night at the transport ministry in Jakarta, officials said they would not have any details on the villagers' report until rescuers reach the area.

Much of Papua is covered with impenetrable jungles and mountains. Some planes that have crashed there in the past have never been found.

Dudi Sudibyo, an aviation analyst, said that Papua is a particularly dangerous place to fly because of its mountainous terrain and rapidly changing weather patterns.

"I can say that a pilot who is capable of flying there will be able to fly an aircraft in any part of the world," he said.

Indonesia has had its share of airline woes in recent years. The sprawling archipelago nation of 250 million people and some 17,000 islands is one of Asia's most rapidly expanding airline markets, but is struggling to provide enough qualified pilots, mechanics, air traffic controllers and updated airport technology to ensure safety.

THE ASSOCIATED PRESS

Relatives of passengers on the missing Trigana Air Service flight stand in front of its closed offices at Sentani airport in Jayapura, on Sunday, showing concern about the unaccounted-for twin turboprop plane carrying 49 passengers and five crew members. THE ASSOCIATED PRESS

> **A pilot who is capable of flying (in Papua) will be able to fly an aircraft in any part of the world.**
> Dudi Sudibyo, aviation analyst, on the danger of flying in the turbulent, mountainous region

UPDATE

Rescue officials said late Sunday that a search plane had spotted the wreckage. There was no word at press time regarding any survivors.

Officials said the wreckage was spotted 12 kilometres from its destination.

IN BRIEF

Former NAACP leader and civil rights activist dies at 75

Julian Bond, a civil rights activist and longtime board chairman of the NAACP, has died. He was 75.

The Southern Poverty Law Center says Bond died Saturday night in Fort Walton Beach, Fla., after a brief illness. Bond was considered a symbol and icon of the 1960s civil rights movement. He was on the front lines of protests that led to the landmark civil rights laws in the U.S.

THE ASSOCIATED PRESS

Sixty same-sex couples say 'I do' in Puerto Rico

More than 60 couples from around the region have gathered in Puerto Rico's capital to exchange vows at a same-sex marriage ceremony.

The Sunday ceremony in San Juan's colonial district is taking the couples through the traditional marriage vows following the landmark U.S. Supreme Court ruling requiring every state to recognize same-sex marriages.

THE ASSOCIATED PRESS

CHINA

Lethal sodium cyanide in Tianjin blasts

Authorities pulled more bodies from a massive blast site at China's Tianjin port, pushing the death toll to 112 on Sunday as teams rushed to clear dangerous chemicals and prosecutors prepared an investigation into those responsible for the disaster.

More than 700 people were injured and 95 people — including dozens of firefighters — are missing after a fire and rapid succession of blasts late Wednesday hit a warehouse for hazardous chemicals in a mostly industrial area of Tianjin, 120 kilometres east of Beijing.

By Sunday, authorities confirmed there were "several hundred" tonnes of the toxic chemical sodium cyanide on the site at the time of the blasts, although they said there have not been any substantial leaks.

Sodium cyanide is a toxic chemical that can form a flammable gas upon contact with water, and several hundred tonnes would be a clear violation of rules cited by state media that the warehouse could store no more than 10 tonnes at a time.

Tianjin officials have ordered a citywide check on any potential safety risks and violation of fire rules, mandating suspension of operations for factories that cannot immediately comply with safety rules.

THE ASSOCIATED PRESS

The Tianjin explosions are among the deadliest industrial accidents in China. CHINATOPIX VIA THE ASSOCIATED PRESS

Battle of brewers looms

RETAIL

Canadian beer giants set to fend off push by SABMiller

A beer war is brewing in Canada as SABMiller seeks to grow its presence following its divorce from partner Molson Coors.

Just four months after forming a Canadian subsidiary, the world's second-largest brewer is targeting dominant rivals Molson Coors and Inbev's Labatt.

"To say that we're going to overtake the two big boys would be a bit of stretch so I would be happy to settle in at No. 3," said general manager Paul Verdu.

To get there, SABMiller Canada hopes Miller Lite — available in Ontario and Newfoundland until 2010 — will steal market share from dominant players Coors Light and Bud Light.

Miller Genuine Draft, previously sold for about 20 years through a partnership with Molson Coors Canada, and premium brands such as Peroni, Pilsner Urquell and Grolsch will also be sold in Canada, though primarily outside Quebec.

All of SABMiller's products will be imported from the United States or Europe.

Global demand for lower-alcohol products such as Coors Light is growing. THE ASSOCIATED PRESS

> **I would be happy to settle in at No. 3.**
> Paul Verdu

Global demand for light beers has been growing. It accounts for about half of total beer sales in the U.S., but less than 30 per cent in Canada.

Beer market specialist Plato Logic estimates light beers account for 20 per cent of total beer volume and have been growing 2.1 per cent annually over the past five years.

Verdu sees opportunities for the "original" light beer — Miller Lite — if only the beermaker can convince Canadian drinkers to give it a try.

The company plans to spend heavily to promote its brands and hopes to get help by not charging Ontario bars and restaurants the hefty premium they face from all other brewers except Brick Brewing's Waterloo brand.

The move, which will amount to establishments paying the same amount that consumers fork out at the Beer Store, is an incentive for bars and restaurants to carry more SABMiller brands, says James Rilett, Ontario vice-president of industry association Restaurants Canada. He said bars and restaurants will save an average of $10 per case of beer, or almost $75 million annually.

Verdu said SABMiller is also trying to appeal to Canadian consumers by promoting the taste and features of its products instead of "gimmick marketing" that focuses on lifestyle advertising.

THE CANADIAN PRESS

IN BRIEF

GlaxoSmithKline set to reopen bacteria-hit plant

Drugmaker GlaxoSmithKline plans to resume operations on Monday at a North Carolina plant that closed Aug. 11 after bacteria that cause Legionnaires' disease was found in cooling towers. The plant in Zebulon produces inhaled medications. About 400 employees were told to stay away until the towers were cleaned and disinfected.

THE ASSOCIATED PRESS

China moving to more sustainable growth: IMF

The International Monetary Fund says that so far, China is successfully managing a transition to slower but more stable growth. It predicted the Chinese economy will grow 6.8 per cent this year and 6.3 per cent in 2016 after registering 7.4 per cent last year. The IMF sees the deceleration as part of a deliberate plan to wean China from overdependence on exports and toward growth built on consumer spending.

THE ASSOCIATED PRESS

GREECE

Merkel rules out debt cut, saying no certainty bailout will succeed

German Chancellor Angela Merkel says there's no certainty the latest bailout for Greece will succeed but she is hopeful the country can overcome its economic crisis if it adheres to the agreements forged with its creditors.

Merkel also told German broadcaster ZDF on Sunday that Greece can't expect its debt to be cut.

The International Monetary Fund has insisted that Greece must be given some form of debt relief before it will participate in any new bailout, something Germany wants.

But Merkel said while repayment periods may be extended and interest rates can be tweaked, a so-called debt "haircut" is ruled out.

Dozens of lawmakers in Merkel's conservative bloc plan to oppose the new bailout package for Greece at a special session of Parliament on Wednesday.

This past Friday, finance ministers of the 19-nation euro single currency group approved the first 26 billion euros ($29 billion US) of a vast new bailout package to help rebuild Greece's shattered economy.

The approval came after Greece's parliament passed a slew of painful reforms and spending cuts after a marathon overnight session that divided the governing party, raising the spectre of early elections.

Ten billion euros will be available to recapitalize Greece banks, while a second slice of 16 billion euros will be paid in instalments, starting with 13 billion euros by Aug. 20 when Greece must make a new debt payment to the European Central Bank.

THE ASSOCIATED PRESS

German Chancellor Angela Merkel waits for the beginning of her first cabinet meeting after her summer holidays in the Chancellery in Berlin. GERO BRELOER/THE ASSOCIATED PRESS

$29 billion

Finance ministers of the 19-nation euro single currency group on Friday approved the first $29 billion US of a new bailout package for Greece.

BANKRUPTCY PROTECTION

Nine West asks for more time

Sherson Group, the operator of Nine West shoe stores in Canada, will ask a judge this week for more time to stave off creditors as it works on a plan to sell itself to its U.S. supplier.

The Toronto-based company says it has reached a purchase agreement with a division of Jones Apparel Group, the New York-based company which has licensed its Nine West brand to Sherson for years and supplied its merchandise.

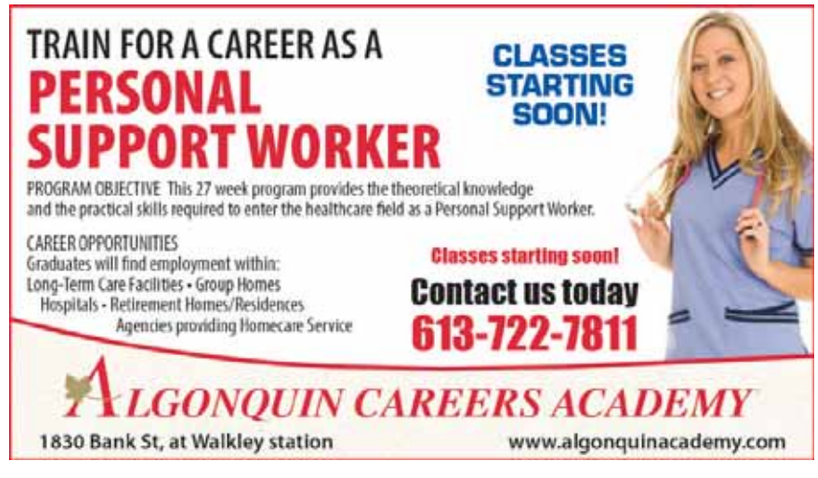
But Sherson is asking the court to extend its creditor protection until Oct. 4, which it says would provide enough time to draw up a proposal to the other creditors owed money. An Ontario Superior Court judge will consider the motion on Thursday.

Sherson Group operates 43 Nine West locations in Canada, two factory outlet stores and a wholesale operation and has 549 employees. The company owes $32.2 million to more than 60 suppliers, lenders and other businesses, according to documents filed earlier.

In documents filed recently, Sherson lawyers said financials at the Canadian company were so tight it couldn't afford to purchase enough footwear to keep its stores in stock for the fall season.

In an affidavit, CEO Stephen Applebaum said Sherson Group was affected by the sudden drop in the value of the Canadian dollar and a "failed pricing and volume purchasing strategy" that was put in place by Nine West Group.

THE CANADIAN PRESS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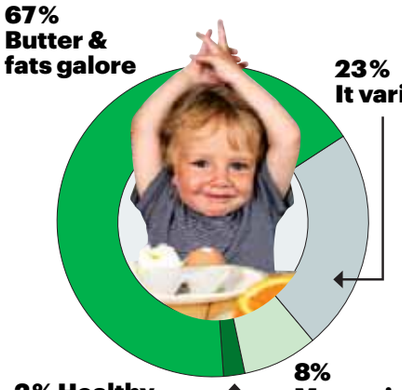
metro VIEWS
Your essential daily news
Monday, August 17, 2015

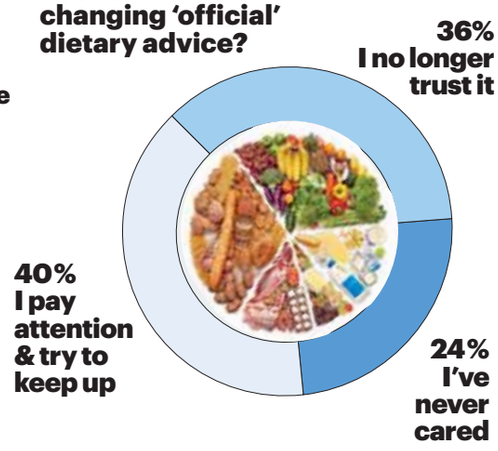
POLL: IS BUTTER BETTER?

It's been the conventional wisdom for half a century: Fat is fatal. But McMaster University researchers analyzed dozens of past studies and found no link between saturated fats — the tasty ones found in meats, butter and eggs — and death from heart disease, diabetes or stroke (trans fats are another story). It's the latest in a litany of studies reaching the same conclusion. We asked our readers if they've rethought the fats they feed their families.

WHAT DID YOU EAT GROWING UP?



How do you feel about the often changing 'official' dietary advice?



Have you changed your approach to fat?

32% I've always eaten saturated fat. Butter forever!
29% I watch my saturated fats more now.
15% I don't think about types of fats.
14% Thanks to research, I've been eating more saturated fat again. Butter is back!
10% I've been following a low-fat diet for life.

990 RESPONDENTS

Answer our poll every Friday at metronews.ca

We're just along for the ride in this taxi battle

COLLINS' CAPITAL

Steve Collins

Your expectations as a customer upon getting in a taxi are modest. You want to get where you're going safely for a non-stupid amount of time and money.

What's going on under the hood, whether of the car itself or the business that keeps it on the road, is typically a matter of no great curiosity.

This summer, though, thanks to drama over the fees cab drivers pay to pick up fares at the airport, and the ongoing disruption by ride-sharing apps like Uber, we're increasingly, if unwillingly, confronted with the workings of Ottawa's taxi regime.

And the more we see, the less it seems customer needs even figure into the equation. Take the private trading of city-issued taxi licences for six-figure sums (though these prices are uncertain post-Uber), or the monopolistic structure of the business (Blue Line, Capital, DJ's and West-Way cabs are all run by the same company, Coventry Connections).

Cab drivers, too, can find themselves on the sidelines, frustrated that Uber is eating their lunch while they suffer the competitive disadvantage of playing by the city's many, many rules. But Uber wouldn't be making such a splash if it didn't offer something (price, convenience) that customers aren't getting from the taxi biz as currently configured.

The drivers' union complains that the deal to double their airport fare fees was cooked up between Coventry and the Ottawa International Airport Authority without their input. But nobody consulted the travelling public either, and we're paying.

Visitors landing at YOW without someone to pick them up find options for affordable transport limited to OC Transpo's 97 bus. It's serviceable, but if you're unfamiliar with the city's routes or basic geography, hopping on the bus might be too great a leap of faith.

The O-Train, for unclear reasons, runs from downtown straight towards the airport, but stops short. The second phase of light rail, set (fingers crossed) for 2023, may still not get you there, although the airport authority is making encouraging noises about helping with the tab for a job the city hasn't considered worth the cost.

Taxis help fill this ongoing gap in our public transit (for a price) and the only improvements to airport transport on the city's agenda are widening the Airport Parkway and adding HOV/taxi lanes.

While we play catch-up with so many other cities on transit, at least city council's admitting our taxi regulations are in need of an overhaul. They've earmarked $300,000 for the job.

Mayor Jim Watson, instead of offering his usual criticisms of Uber as illegal, unfair, unsafe and so on, last week talked about levelling the playing field between traditional taxis and ride-sharing. I don't know what that would look like, and probably neither does Mayor Watson, but here's hoping the review also pays close attention to that neglected voice from the back seat of the cab.

Steve Collins lives in Ottawa. He might also be the guy behind you on the bus, pretending not to notice you're reading this. Act casual.

ROSEMARY WESTWOOD

metroview

Why we resist and deny facts that don't match our beliefs

There are ideas, there are opinions, and there are harder-held beliefs.

And once a person gets hold of a few of these, it sometimes seems, they'll never let them go. As if there's no way to change a mind, and little interest in changing your own.

When I worked at a student newspaper, I had a conservative editor-in-chief. He was the first conservative I'd ever, knowingly, met.

Universities are hotbeds of liberalism, their newspapers among the most overtly political press in the country. He, you can imagine, was an outlier.

And yet we had some of the most interesting debates I've been party to. He made me think more clearly through his questions. He was far less dogmatic than the rest of us, far more curious, far less self-righteous.

Writing a column should be fodder for a good debate. I've considered an issue, tried to figure out what I think, and why. I've tried to prod others to do the same. Making people angry might get clicks, but making people think is surely a better goal.

And yet sometimes I fear it's impossible. I fear we argue, and mistakenly romanticize it as debate.

I'm not sure that anyone who wants to debate my column with me ever really tried to understand me in the first place. And thus, I'm not sure I care to understand them.

I doubt anyone who likes a column likes it because I made them think differently. I more likely gave words to what they already believed.

What can really change a person's mind? Or can anything?

A 2014 New Yorker piece explored the research behind false beliefs — opinions held despite overwhelming evidence to the contrary — and whether people who hold them can be convinced otherwise. It seems that "If information doesn't square with someone's prior beliefs, he discards the beliefs if they're weak and discards the information if the beliefs are strong."

In other words, if you challenge something I hold dear, I'm far less likely to accept your argument, no matter how irrefutable it may be.

Researchers did find a hopeful loophole: If you make someone feel safe, if you don't appear to fundamentally threaten who they are, they more easily shed false beliefs.

I would add that changing minds — the purpose of debate — is impossible if you value thinking you're right over being right.

So maybe I should be asking for your effort to understand me, if you can muster it. Even on my angriest of days, I'd rather be wrong than ignorant.

metro
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PHILOSOPHER CAT
by Jason Logan

metro LIFE $56M
Your essential daily news
Straight Outta Compton smashed expectations, earning $56.1 million

Danielle Honsberger has received two noise complaints from the City of Pickering regarding her three children, ages 11, nine and seven, for being too loud in their backyard swimming pool. She says they are only home from about 4 to 6 p.m. each night to swim in the pool. SABRINA BYRNES/TORONTO STAR

Backyard fun: Quiet the dilemma

NEIGHBOURS

Complaints escalate the situation, so try having a conversation

Many would consider the sound of kids gleefully playing outdoors a natural soundtrack of the summer.

But one family in Pickering, Ont., located east of Toronto, was told the sound of their kids splashing in their backyard pool was deemed unreasonably disruptive by a neighbour.

On the very first day of summer vacation, Danielle Honsberger said she received a card from the municipality concerning a neighbour's noise complaint. It was later followed by a formal written notice.

"We didn't even know that we had offended anybody, and if they had spoken directly to us, we could have avoided this whole situation," said Honsberger, a mother of three children, aged seven, nine and 11.

"I would have been embarrassed and very respectful and been on the noise right away — but they never gave us that opportunity.

"I am a parent who is very present and very mindful of how we are heard in the community."

Across the country, municipalities are frequently forced to intervene when residents file complaints about noise disrupting their peace and quiet.

In Ottawa, officials say a total of 6,152 noise-related complaints were filed to the city between the beginning of the year and Aug. 11, with just under half related to loud music and about 1,500 loud shouting.

In 2013, Saskatoon received 1,694 noise complaints and 1,268 complaints specifically about noisy parties.

While statistics were not available, Winnipeg officials said most noise complaints in that city are typically about the roar of construction machinery and neighbours' air conditioners.

Susan Logan, executive director of the non-profit Mediation & Restorative Justice Centre in Edmonton, said neighbour disputes represent the largest percentage of their caseload.

Issues arise all year long, from complaints over placing snow on a neighbour's lawn — or simply not shovelling — to overgrown trees, she said.

Complainants are encouraged to approach their neighbour about their annoyances rather than leaving the task to an outsider.

"If you got a letter in the mail that said: 'One of your neighbours has an issue and would you like to call us so that we can talk about it,' you're going to be defensive right (from) the beginning," Logan said.

"We're trying as much as possible to set a stage from the very beginning that's a stage of collaboration."

Eva Malisius, program head of conflict analysis and management programs at Royal Roads University in Victoria, B.C. said the first step towards resolving a dispute over noise should involve telling a neighbour directly how they've been affected by the disruption.

"Just having that opportunity to hear the other side, usually, neighbours are very open to that. If you do file a complaint, that already escalates it," Malisius said.

Failing that, many communities offer mediation services with a neutral third party offering help, she noted. If all of those steps don't lead to success, then a formal complaint can be an option.

Mediators generally don't try to convince either neighbour that they're right or wrong, Logan said. Instead, they focus on having each side reflect on the situation and determine whether they'd like to address the issue further.

"We try to move people from a position on something — so 'You have to cut the tree' — to a position of 'Why would cutting the tree be of value?' And: 'Is there an alternative to cutting the tree?" Logan said.

"Just going over to your neighbour and saying: 'This is what I want you to do,' or 'This is what I need you to do' isn't going to help the situation."

Kim Thompson, manager of Pickering's bylaw enforcement services, confirmed that an official complaint has been filed about the Honsberger family but wouldn't go into details about the case. She said no charges have been laid.

"In general, if there's a noise complaint during daytime hours, the complainant has to indicate that they can hear the noise when they're inside their house with all the doors and windows shut," Thompson said.

Honsberger said she hasn't heard anything further from the city or the complaining neighbour, and maintains that the family have and will continue to use their backyard in a "respectful manner."

THE CANADIAN PRESS

6,152

Number of noise-related complaints received by the City of Ottawa between Jan. 1 and Aug. 11, 2015. About 3,000 of those related to loud music and 1,500 related to shouting.
THE CANADIAN PRESS

> **"We didn't even know that we had offended anybody, and if they had spoken directly to us, we could have avoided this whole situation.**
> Danielle Honsberger

UBREW co-founders Wilf Horsfall, left, and Matthew Denham salute the home brew trend in England; closer to home, there are plenty of ways to make your own pint of beer. GETTY IMAGES

Hops to it: Brew your own to save

FRUGAL FERMENTATION

Why craft beer at home? It's cheaper than bottled water

Kyle Prevost
youngandthrifty.ca

I have often said that if beer is an acquired taste, then you might as well acquire a taste for cheap beer.

Many brew aficionados would disagree with my assessment of adult beverage choice, claiming instead that something as precious as a lager, stout or ale should be savoured as a delicacy and that intense scrutiny should accompany every sudsy indulgence.

Luckily there is a solution that can satisfy both my quest for fermented frugality and the pristine palate of beer connoisseurs: brewing your own hops-filled masterpiece.

A five-gallon beer kit can be purchased for about $30, depending on the recipe you want to brew. Add another $10 for yeast and bottle caps, and the input costs will run you around $40. Five gallons is roughly equivalent to fifty-three bottles of beer. This gives us a per-beer cost of about 75 cents — that's cheaper than bottled water!

In much of Canada, even the cheapest discount beers cost $1.40 per 341 ml serving. The "middle class" of beers such as Labatt Blue or Molson Canadian, often come in around $1.60. This is of course assuming you're purchasing your poison of choice at a vendor and not in a bar or restaurant — where of course the per-serving cost skyrockets.

If we assume that the average beer-drinking Canadian consumes a 12-pack in an average week, and that they prefer a popular domestic vintage, the weekly cost would be $19.20 or just under $1,000 annually. Self-brewing by comparison could net you the same amount of beer (at a higher alcoholic content if that's what you're into) for $9 a week, or $468 over the course of a year. That's an annual savings of roughly $532 — not counting any drinks you save yourself from purchasing in a bar or club.

There are some initial start-up costs and depending on how fancy you want to get, they can range from 50 bucks to more than $200. As always, looking around online or checking out some used equipment can save you some hard-earned cash.

Often you can find brewing kits that have barely been taken out of the box when looking online, and as a one-time cost, it's definitely worth it if you use the kit for a couple of years.

There is no telling how much your own time vs. beer crafting enjoyment value ratio will play into our brewing equation. I know some people who love making their own beer so much that they would pay a premium do so, while others see it as a little hobby that can help them stretch their entertainment budget. Take pride in your brewmaster skills and enjoy one for me this summer, Canada!

ECONOMY

Most Canadians don't feel better off since last election, poll finds

Chris and Mariana Thomson don't believe they're better off in the four years since the federal Conservatives captured a majority government in 2011.

The Toronto couple, Chris, 40, a medical adviser for a pharmaceutical company and Mariana, 36, a medical writer, have seen soaring costs for everything from utility bills to food, clothing and transportation, but their paycheques are barely keeping pace.

"Housing prices have gone up and our salaries have not gone up equivalently, and that's been the biggest hit for us," Chris Thomson said in an interview as he and his wife went for a walk with their nine-month-old daughter, Stella.

The Thomsons are similar to the majority of Canadians — 51 per cent — who recently answered "no" when a Forum Research poll asked them, "Are you better off now than you were in 2011?"

The poll, conducted earlier this month, found only 34 per cent of respondents said yes.

When the survey results are broken down by age, at least 50 per cent of Canadians ages 35 to 65 and older believe they aren't better off.

Forum Research president Lorne Bozinoff says the poll results may not bode well for the Conservatives in the federal election this fall.

Forum's findings suggest Conservative support in the election might be limited to that 34 per cent who truly believe they are better off than they were four years ago, he argues.

"Who would vote for them if they feel they're worse off now, when the government made the economy one of their key things?" Bozinoff argues.

> **"Who would vote for them if they feel they're worse off now?**
> Lorne Bozinoff, president Forum Research

Fifteen per cent of those surveyed said they don't know if they're better off now than in 2011.

The Conservatives have made the economy one of their key planks heading toward the Oct. 19 vote. Leader Stephen Harper's Conservatives have promised a balanced budget for 2015, though Jean-Denis Fréchette, the Parliamentary Budget Officer, says that's unlikely.

In a bid to help families with children, the Conservatives recently increased the Universal Child Care Benefit, adding new payments for children aged 6 to 17 and increasing payments for children under age 6.

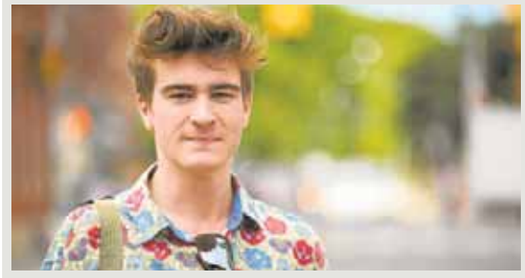
Meanwhile, the Liberals are promising to scrap the Conservatives' new benefits and lower taxes for the middle class while hiking taxes for the rich.

The NDP is promising $15-a-day daycare spaces that would be funded in part by modest corporate-tax increases. TORSTAR NEWS SERVICE

18 TO 34 YEAR OLDS EVENLY SPLIT

Student debt a concern

The number of 18- to 34-year-olds who believe they are better off since 2011 — 41 per cent — is equal to the number who say they are not better off, according to the poll. Liam Crober-Best, below, who will begin studying at Sheridan College in Oakville, Ont. in September, has struggled to find part-time jobs and is expecting to be hit with massive student debt. TORSTAR NEWS SERVICE



WOMEN TO WATCH IN 2015

So much richer than me and you

Forbes, the leader in decimating your self-esteem, has a new list of people who are better than you.

This time around it's the "8 self-made women to look out for in 2015."

On top of the list is our friend Jessica Alba, who Forbes reports owns up to 20 per cent of The Honest Company, which "saw revenues grow from $10 million 2012 to $150 million in 2014."

Alba's company however has recently found itself in hot water, when customers began to complain that the natural sunscreen the company sells doesn't work.

Up next on the list? Oscar-winning actress Sandra Bullock. According to Forbes, Bullock found herself on the list because of her successful production company Fortis Films, her Oscar noms and wins, her huge paycheques and because she owns two restaurants in Texas. MATTHEW LEE/METRO IN NYC

Jessica Alba tops Forbes' 2015 list of self-made women. GETTY IMAGES

EIGHT GREATS

1) Jessica Alba — Actress, entrepreneur

2) Sandra Bullock — Actress, producer

3) Cindy Monroe — Entrepreneur

4) Taylor Swift — Musician

5) Natalie Massenet — Journalist, entrepreneur

6) Lynn Jurich — Entrepreneur

7) Lisa Falzone — Entrepreneur

8) Angela Ahrendts — Businesswoman

metro SPORTS

Top-seeded American twins the Bryans win the Rogers Cup doubles title in Montreal

Monday, August 17, 2015

IN BRIEF

Brewers prospect first openly gay active player

A Milwaukee Brewers minor leaguer has become the first openly gay player on a team affiliated with Major League Baseball.

David Denson, with the help of former major leaguer Billy Bean, reached out to the Milwaukee Journal Sentinel to tell his story.

The 20-year-old first baseman plays for the Helena Brewers in the rookie Pioneer League. Bean, MLB's first Ambassador for Inclusion, disclosed he is gay after his playing career.

"Talking with my teammates, they gave me the confidence I needed, coming out to them," Denson told the newspaper. "They said, "You're still our teammate. You're still our brother. We kind of had an idea, but your sexuality has nothing to do with your ability. You're still a ballplayer at the end of the day. We don't treat you any different. We've got your back.'

"That was a giant relief for me," he added. "I never wanted to feel like I was forcing it on them. It just happened. The outcome was amazing."

On Sunday, the Brewers lauded Denson as a "highly respected member" of their family and "a very courageous young man."

"Our goal for David is to help develop him into a major league player, just as it is for any player in our system, and we will continue to support him in every way as he chases that dream."

THE ASSOCIATED PRESS

Jays swing past Yankees

MLB

Win pulls team back to within a half-game of AL East lead

Thanks to a little luck and a lot of good pitching, the Toronto Blue Jays staved off a sweep at the hands of the New York Yankees.

Drew Hutchison turned in his second straight strong start, and the top of the lineup made the most of a ball getting lost in the sun as the Blue Jays beat the Yankees 3-1 Sunday afternoon at Rogers Centre.

Toronto cut New York's lead in the American League East back down to a half-game with seven games left between the division rivals.

In 6-2/3 innings, Hutchison allowed just four base-runners on three hits, including a solo home run. The much-maligned right-hander with a 5-plus earned-run average struck out five to become the 14th pitcher in the majors to hit 12 victories this season.

Hutchison got there because the Blue Jays took advantage of their biggest break of the day, when Yankees left-fielder Carlos Beltran lost a fly ball in the sun in the third inning. Troy Tulowitzki ended up on second with what was later scored a double.

An RBI double by Josh Donaldson got the Blue Jays on the board, and a two-run shot by Jose Bautista, his 28th home run of the season, broke open an inning that could've been over.

Blue Jays starting pitcher Drew Hutchison stretches before his first pitch in Toronto on Sunday. Hutchison pitched 6-2/3 innings, fanning five batters and allowing only three hits before leaving the game in the seventh to a standing ovation.

FRED THORNHILL/THE CANADIAN PRESS

SUNDAY In Toronto

3	1
BLUE JAYS	YANKEES

Base-running blunders kept the Blue Jays from doing any more damage, as did Yankees starter Luis Severino, who struck out a career-high nine in his third major-league start.

Hutchison helped the Blue Jays (65-54) make some more history of their own. He made it the 20th straight game that the starting pitcher allowed three or fewer earned runs, extending a franchise-record set Saturday.

The 24-year-old left to a rousing standing ovation from the sellout crowd of 46,792. Relievers Brett Cecil, Aaron Sanchez and Robert Osuna finished the Yankees (64-52) off to make the Blue Jays 15-3 since making a flurry of trades in late July.

THE CANADIAN PRESS

REMEMBERING 'THE DRIVE OF '85'

Jays pay tribute to first AL East championship team

Even 30 years later, the 1985 Toronto Blue Jays' playoff loss still stings.

The Blue Jays had finally gotten over the hump to capture the American League East with 99 wins. But the Jays ultimately blew a 3-1 ALCS series lead to the Kansas City Royals to see their title dreams dashed.

The franchise's first division-championship was honoured Sunday at Rogers Centre. "The Drive of '85" got the full pre-game ceremony treatment Sunday afternoon before the Blue Jays faced the New York Yankees.

THE CANADIAN PRESS

ROGERS CUP

Murray edges past Djokovic; Bencic upsets Halep in finals

Andy Murray defeated Novak Djokovic 6-4, 4-6, 6-3 to win the US$4.1-million Rogers Cup on Sunday, ending an eight-match losing streak to the world's top-ranked player.

Second-seeded Murray posted his fourth tournament victory of the year. He won $685,200 for claiming the Rogers Cup for a third time after hoisting the trophy in 2009 and 2010. His three wins tie Djokovic, Rafael Nadal and Andre Agassi for second place all-time behind Ivan Lendl's six victories.

The two top seeds split the first two sets in a three-hour match in hot, muggy conditions at Uniprix Stadium. It played out with Murray serving at 3-1 in the third, already up a break.

A ferocious baseline battle went to deuce 10 times and Murray fought off six break points to all but put the match away.

Djokovic had two more break points in the final game, but Murray pounded two service winners and eventually won when Djokovic hit a ground stroke long after a brief rally.

With the win, Murray will take over the world No. 2 ranking from Roger Federer for the third time in his career.

On the women's side, unseeded Swiss teen Belinda Bencic defeated Simona Halep 7-6 (5), 6-7 (4), 3-0 to win the Rogers Cup women's final Sunday afternoon at the Aviva Centre.

Andy Murray

THE CANADIAN PRESS

The victory over the second-seeded Romanian capped a week of upsets for Bencic. She beat four of the top five seeds — including top-ranked Serena Williams in the semifinal — to claim her first Premier-Five level title.

Bencic earned US$456,000 for her second career WTA Tour title.

Halep, who was looking for her fourth title of the season, earned $227,640 as runner-up.

In the men's doubles final, twin brothers Bob and Mike Bryan defeated Daniel Nestor of Toronto and Edouard Roger-Vasselin of France 4-6, 6-3 10-6.

The women's doubles final was scheduled for later Sunday with third-seeded duo Bethanie Mattek-Sands and Lucie Safarova meeting fourth-seeded Caroline Garcia and Katarina Srebotnik.

THE CANADIAN PRESS

Belinda Bencic

FRANK GUNN/THE CANADIAN PRESS

Parapan Am Games about more than medal counts

PARAPAN 2015

Athletic successes inspire youth

Stephanie Dixon remembers returning home from the 2000 Paralympics in Sydney, and being unable to celebrate her successes with anyone.

Nobody knew what Paralympic sport was.

"Here, after having these Parapan American Games in Toronto, I know that none of our athletes will ever have to put their heads down coming home from competition," said Dixon, a former Paralympic swimmer and the assistant chef de mission of Canada's team in Toronto.

"They'll be able to raise their heads up high and be proud of their accomplishments. All of our athletes are being put in a position of being a role model and a hero in our country.

"And that just makes me so proud."

Canada set a target of finishing top-three in medals at the Parapan American Games, that wrapped up Saturday. Mission accomplished. The team went one better, finishing second with 168 medals — 50 gold, 63 silver and 55 bronze. Brazil finished atop the table with 257 medals (109-74-74), while the United States was third with 135 medals.

But the victory of these Games wasn't just about medals won, but about the fans won over along the way. The victory was in the jam-packed crowd that watched Canada's wheelchair rugby team beat the U.S. for gold, and a similarly large and noisy crowd that cheered on Canada's wheelchair basketball teams, which both came away with silver.

"Who's to say that a young child living with an impairment hasn't been inspired by what they've seen on TV and decided to take up para-sports?" said Craig Spence, communications director for the International Paralympic Committee. "You'll see next year in Rio a whole host of young British athletes who were inspired by the 2012 London Paralympic Games, and I think you'll see a similar situation here, Canadians who've been inspired by the performances of Aurelie Rivard will be wanting to compete.

"These Games will leave many legacies, but you don't judge them by the end of play tonight, but over the next 10 or 15 years."

These were the largest Parapan Am Games in history, with 1,600 athletes competing.

Canada fielded its largest-ever team of 216 athletes, and the results showed. Among the highlights: Rivard, a 19-year-old from Saint-Jean-sur-Richelieu, Que., won six gold medals in swimming, and set a world record.

THE CANADIAN PRESS

A collection of athletes watch a fireworks display at City Hall in Toronto during the closing ceremonies.
DARREN CALABRESE/THE CANADIAN PRESS

Brazilian athletes arrive for the festivities.
DARREN CALABRESE/THE CANADIAN PRESS

MEDAL COUNT

With the dust settled on the Parapan Am Games, Brazil finished atop the standings with 257 medals, while Canada finished second with 168 medals. Here is how the top five broke down.

Brazil: 109 (G), 74(S), 74 (B)
Canada: 50(G) 63(S) 55 (B)
U.S.: 40 (G) 51 (S) 44 (B)
Mexico: 38 (G) 36 (S) 39 (B)
Colombia: 24 (G) 36 (S) 30 (B)

PREMIER LEAGUE

Man City easily defeat Chelsea

One point from two games. An unseemly spat with medical staff. A porous defence. A rival back to its rampant best.

The problems are piling up for Chelsea manager Jose Mourinho early in its Premier League title defence. In the first heavyweight showdown of the season, Chelsea was overwhelmed Sunday in a 3-0 loss at Manchester City that could have a lasting psychological effect among the two title favourites.

Sergio Aguero scored a stunning individual strike in the first half before Vincent Kompany and Fernandinho added goals in the final 11 minutes, as City displayed the kind of attacking swagger that took them to the title in 2014.

City tops the fledgling standings on maximum points, ahead of Leicester and Manchester United on goal difference, while Chelsea is fifth from bottom after an uncomfortable start to the season. Such was Mourinho's concern after a one-sided first half at Etihad Stadium that he removed captain and central defender John Terry at halftime, in order to add pace to his backline. It was the first time in 177 league matches that Mourinho has substituted Terry.

Chelsea has conceded five goals in two games — it drew 2-2 at home to Swansea on the opening weekend — and isn't looking as dynamic going forward. In Sunday's other match, Arsenal won its first match of the campaign by beating Crystal Palace 2-1 away, restoring confidence after opening with a surprise 2-0 home loss to West Ham.

THE ASSOCIATED PRESS

PGA CHAMPIONSHIP

Record-breaking Jason has his Day in sun

Jason Day led wire-to-wire Sunday at Whistling Straits to close out a record-setting PGA Championship and capture his first major title.

The 27-year-old Australian finished at 20-under 268 to beat Jordan Spieth by three shots. Day is the first player to finish at 20 under in a major.

Day shot 5-under 67, and never let Spieth get closer than two shots. Branden Grace finished third and Justin Rose was fourth.

A nice ending to the major season for a player who has endured some close calls and his share of heartache.

At the U.S. Open in June, he fell while walking during the second round. He had vertigo symptoms. But he played through the weekend and actually held a share of the lead after 54 holes before fading on Sunday.

At the British Open, he also was in the lead after 54 holes but ended up one shot out of a playoff. He closed the deal this time.

This was Day's 10th top-10 finish at a major. His first came here, in Wisconsin, at the 2010 PGA.

Earlier this week, Day said he knew if he kept putting himself in position, he'd eventually break through.

He was tearing up as he waited to hit the tap-in putt that would seal the victory. He did it, then raised both fists and buried his face in his caddie's shoulder. His son, Dash, ran to the 18th green to celebrate and Day carried him off the green. Soon, he'll cradle the Wanamaker Trophy.

THE ASSOCIATED PRESS

LPGA

Canuck teen Henderson wins Portland Classic

Brooke Henderson, 17, won the Cambia Portland Classic by eight strokes Sunday to become the third-youngest champion in LPGA Tour history. The Canadian from Smiths Falls, Ont., closed with a 3-under 69 at Columbia Edgewater to finish at 21-under 267

THE ASSOCIATED PRESS

Jason Day, of Australia, celebrates after winning the PGA Championship JAE HONG/THE ASSOCIATED PRESS

RECIPE Lemon Pasta Vegetable Salad

EAT LIGHT AT HOME

Rose Reisman
rosereisman.com
@rosereisman

A perfect chilled or room temperature pasta salad that is great as a main meal or side. **Serves 4.**

Ready in
Prep time: 15 minutes
Cook time: 8 minutes

Ingredients
- 8 oz rotini (preferably whole wheat)
- 2 cups sugar snap peas
- 2 cups grape tomatoes, sliced in half
- 3 oz crumbled feta cheese
- 3 Tbsp fresh chopped dill
Dressing
- 3 Tbsp olive oil
- 3 Tbsp lemon juice
- 1 Tbsp Dijon mustard
- 1/2 tsp minced garlic
- Salt and pepper

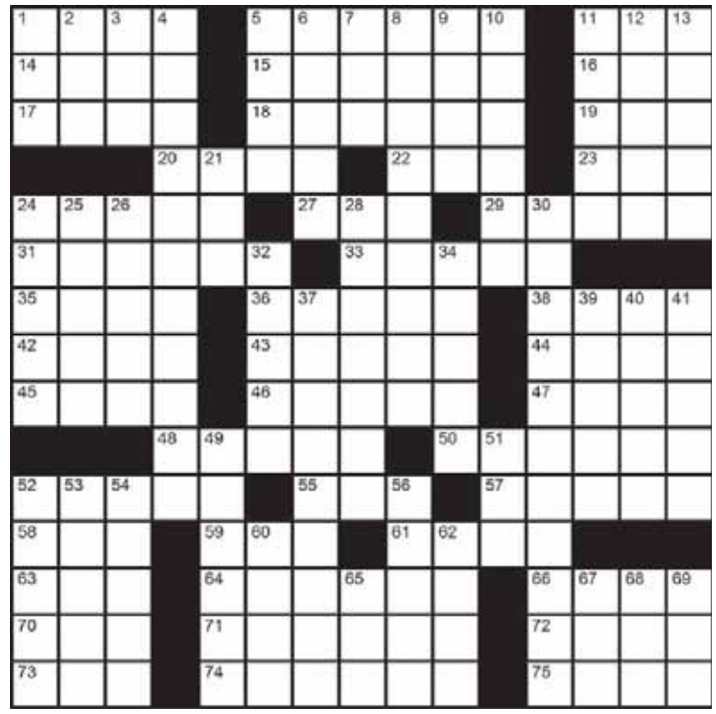
Directions
1. Cook pasta in boiling water according to package directions. In last two minutes, add snap peas and cook just until crisp. Drain, saving 1/4 cup of the pasta water. Rinse pasta with cold water until pasta and peas are no longer warm. Add to serving bowl along with reserved water, tomatoes, feta and dill.
2. Add ingredients for dressing and mix well.

Nutrition per serving
- Calories 370
- Protein 12 g
- Carbohydrates 47 g
- Fibre 6 g
- Total fat 15 g
- Saturated fat 3.5 g
- Cholesterol 5 mg
- Sodium 400 mg

PHOTO: ROSE REISMAN

CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN



ACROSS
1. "Fly __ Home" (1996)
5. Security system device
11. Corn throwaway
14. Health club offering using mats
15. Montreal 'star'
16. 'Select' suffix
17. Birthers of baby baa-ers
18. Aerobics moves
19. Canadian train name
20. Jewellery material
22. Red significance on a tap
23. Sign-off
24. Cleanse thoroughly
27. Ouest's opposite
29. Rob of "Melrose Place"
31. "Sex and the City" character
33. Overthrow
35. Wipes
36. Bearded, as wheat
38. Sales slips, shortly
42. Like/seemingly: 2 wds.
43. Wounded by a bull
44. "Dies __": Latin hymn meaning 'Day of Wrath'
45. Ms. Wilson of "La Femme Nikita"
46. France's longest river
47. Not yet final, at law
48. Marsh plants
50. __ Thesaurus (Popular book of synonyms)
52. There's one appearing in "I, Robot" (2004)
55. Body of water
57. Mr. Zimbalist Jr.
58. Tic-Tac-Toe losing row
59. Groove
61. iPhone's voice-activated helper
63. English __.
64. Exhibits buoyancy
66. Colossal
70. Dutch city
71. Remove one's identity badge, perhaps
72. Peru's capital
73. Poivre's pal
74. Paula Abdul once cheered for them
75. Companies: Marketing or Accounting, e.g.

DOWN
1. Nautically nae-not
2. "Impressive!"
3. Ripen
4. Bit of #37-Down: "I'm going on down to __ __ / I'm going to join in a rock 'n' roll band..."
5. Hawk
6. Musical piece for Chopin
7. __ sequitur
8. Tourist
9. Margarine
10. One taking a break
11. Spotted cat-like mammal
12. Pertaining to sheep
13. Necklace bits
21. "Either he goes __ _ go!"
24. Abandon
25. Reason
26. William __ (British remixer/producer)
28. Break of day
30. Buffalo __ (Pre-CSNY group)
32. Bald __ (North American bird)
34. Bovid bag
37. Joni Mitchell song covered by CSNY about the same-named 1969 music festival
39. Town __ (Newsgiver of yore)
40. Flavour
41. Earthquake
49. Bawling out
51. "Whistle __ the Lave O't": Song by Scottish poet Robert Burns
52. __ Notes (Literature aids)
53. Rusty stuff, Iron __
54. Traveller's lodging
56. Awakened
60. Forearm bone
62. Web connectors, commonly
65. Ginger beverage
67. "American __" (1999)
68. Little devil
69. Meower

IT'S ALL IN THE STARS by Sally Brompton

Aries March 21 - April 20
It's no big deal if you feel a bit left out. You are sending out signals to those around you that you don't want to be bothered too much and friends and colleagues are simply respecting your unspoken wishes.

Taurus April 21 - May 21
You will be put to the test and pass with flying colors. No matter how big the challenge you are big enough to meet it. You were born to lead and you were born to succeed.

Gemini May 22 - June 21
Some intense cosmic activity will encourage you to deal with events you usually avoid. Chances are you will deal with them so well, you'll wonder what all the fuss was about.

Cancer June 22 - July 23
The planets promise success and riches beyond your wildest dreams. Okay, so maybe it won't be quite that spectacular but it will be worth having. Don't get carried away though. What took so much effort to acquire won't take much effort to lose.

Leo July 24 - Aug. 23
A feud that has taken up too much time and energy must be resolved. Today's planetary set-up will give you the courage to make changes. Hopefully others will accept them.

Virgo Aug. 24 - Sept. 23
You like to be in control but that may not be possible today. If you are smart you will let others take the wheel. Yes, you will enjoy the ride.

Libra Sept. 24 - Oct. 23
You need to scale down your ambitions a bit. Don't think of it as giving up things you like, think of it as making more room for things you love.

Scorpio Oct. 24 - Nov. 22
If your private life is in a bit of a mess then now is the time to sort it out. The planets will help you make necessary changes but you have got to be honest with those you love. Don't just tell them what they want to hear.

Sagittarius Nov. 23 - Dec. 21
For some strange reason you seem to believe that you are not really good enough to compete at the highest level, but nothing could be further from the truth. You have so much talent at your disposal.

Capricorn Dec. 22 - Jan. 20
So many things are changing but the long-term results will be favourable. A week or so from now you will have a much more positive view of what is going on.

Aquarius Jan. 21 - Feb. 19
Do everything in your power to get along with partners, colleagues and employers. You must to be willing to compromise, even if it means you get slightly less while they get more.

Pisces Feb. 20 - March 20
Personal matters are causing you a lot of concern and things are likely to come to a head when the Sun links with Saturn at the end of the week. Between now and then be good to yourself and get plenty of rest.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

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4			2		5			9
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1			7		9			2
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Poll: Narrow majority of Americans question Big Bang theory

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